

ASPIRE ~ FLOURISH ~ ACHIEVE

Statement of intent for PE

Our vision is: Learning Together, Growing Together

It's not important who does the planting, or who does the watering. What's important is that God makes the seed grow. The one who plants and the one who waters work together with the same purpose. And both will be rewarded for their own hard work." 1 Corinthians 3:7-8

At Hawkchurch C of E Primary School, we endeavour to inspire all children to be independent, resilient and motivated in their learning, taking pride in all they do. We teach all children to be reflective practitioners who are able to handle difficulty and change with a growth mindset as they gain knowledge of the wider world in our small, rural community.

Intention

At Hawkchurch C of E Primary we aim to provide a PE curriculum that pupils from Reception to Year 6 not only enjoy but also allows them to experience a range of activities that help them to develop their health, fitness and wellbeing. We intend to offer a high quality physical education curriculum that inspires all pupils to succeed and excel in competitive sport and other physically-demanding activities. It provides opportunities for pupils to become physically confident in a way, which supports their health and fitness. Opportunities to compete in sport and other activities build character and help to embed values such as fairness and respect.

The National Curriculum for PE aims to ensure that all pupils:

- Develop competence to excel in a broad range of physical activities
- Children are physically active for sustained periods of time
- Children are engaged in competitive sports and activities
- Children lead healthy, active lives

Implementation

Reception to Year 6.

We follow the guidelines set by the National Curriculum to ensure we offer a range of PE activities that allow each child to feel challenged and offer opportunities to progress further.

EYFS As part of the EYFS statutory framework pupils are taught:

Physical development - involves providing opportunities for young children to be active and interactive; and to develop their co-ordination, control, and movement.

Children must also, be helped to understand the importance of physical activity, and to make healthy choices in relation to food.

Moving and handling: children show good control and co-ordination in large and small movements. They move confidently in a range of ways, safely negotiating space. They handle equipment and tools effectively.

Health and self-care: children know the importance for good health of physical exercise, and a healthy diet, and talk about ways to keep healthy and safe.

Key stage 1

Pupils develop fundamental movement skills, become increasingly competent and confident and access a broad range of opportunities to extend their agility, balance and coordination, individually and with others. They are able to engage in competitive (both against self and against others) and co-operative physical activities, in a range of increasingly challenging situations.

Pupils are taught to:

- master basic movements including running, jumping, throwing and catching, as well as developing balance, agility and co-ordination, and begin to apply these in a range of activities
- participate in team games, developing simple tactics for attacking and defending
- perform dances using simple movement patterns.

Key stage 2

Pupils continue to apply and develop a broader range of skills, learning how to use them in different ways and to link them to make actions and sequences of movement. They enjoy communicating, collaborating and competing with each other. They develop an understanding of how to improve in different physical activities and sports and learn how to evaluate and recognise their own success.

Pupils are taught to:

- use running, jumping, throwing and catching in isolation and in combination
- play competitive games, modified where appropriate [for example, basketball, cricket, football, hockey, netball, rounders and tennis, and apply basic principles suitable for attacking and defending
- develop flexibility, strength, technique, control and balance [for example, through athletics and gymnastics]
- perform dances using a range of movement patterns
- take part in outdoor and adventurous activity challenges both individually and within a team
- compare their performances with previous ones and demonstrate improvement to achieve their personal best.

Swimming

Our school provides a comprehensive swimming curriculum for all pupils from Year 1 to Year 6. This is delivered over a number of weeks in the Summer term at our local swimming pool in Axminster.

Our aims for the pupils at Hawkchurch C of E Primary School are:

- To promote a love of water based activities (as we are a coastal school)
- To improve pupils water confidence by promoting enjoyment through games and fun activities
- To monitor and develop the individual progress of each pupil through each academic year
- To offer an enhanced provision (top-up swimming) by identifying pupils who would benefit from extra support
- To gain awareness of survival and self-rescue skills for all ages By the end of KS2 pupils will be able to use a range of strokes effectively, be able to swim competently, confidently and proficiently over a distance of at least 25 meters and to be able to perform safe-self rescue in different water based situations

Impact

By the end of each key stage, pupils are expected to know, apply and understand the matters, skills and processes specified in the relevant programme of study. At Hawkchurch we use summative assessment to determine children's understanding and inform teachers planning. Each part of the PE curriculum is reviewed on a termly basis by the teacher.

