

SUBJECT ON A PAGE

PE

'Hawkchurch Primary aims to foster a **love for physical activity**, promote **health and well-being** and develop **essential movement skills**.'

Through a varied curriculum, we aim to inspire confidence, teamwork and resilience in our children. Whether it's swimming, athletics, dance or team sports, we encourage active participation and a positive attitude toward fitness.

Intent

Deliver a curriculum which is **exciting and progressive** and encourages children to try new sports.

To allow children to develop their social, emotional and thinking through sport. Children will learn about their mental and physical health.

We promote physical activity across the curriculum and through free time to develop children's love of PE and

We explicitly build on previous skills to develop children's understanding of core skills and knowledge.

We develop children's ability to problem solve and ask questions to develop their techniques. Children learn the technical skills and vocabulary for each sport.

We promote children participating in extra-curricular events and clubs to promote healthy lifestyles and future athletes.

Implementation

Sequence

We deliver our PE curriculum using the Twinkl Move resources and scheme of learning. This delivers the PE National Curriculum through a progressive approach. The Twinkl Move scheme ensures that children have a varied and well mapped out PE curriculum. It provides opportunities for progression across the full breadth of the curriculum including indoor and outdoor opportunities. It is our intention to develop a lifelong love of physical activity, sport and PE in all children. We aim to help ensure a positive and healthy physical and mental outlook in the future and help develop essential skills like leadership and teamwork. See full coverage on our website.

Developing vocabulary

We ensure that key PE vocabulary is shared with children and that the meaning of words is explored. Children learn about the seven fundamental movement skills in PE and apply these to different sports.

PE Skills

At Hawkchurch Primary we develop essential skills like leadership and teamwork. Within each lesson, we strive to give every child the opportunity to develop their skills, consider the impact on their health and fitness, compete/perform and evaluate. These elements are carefully identifying in lesson plans and on the progression maps. We focus on the three pillars of progression: **motor competence, rules, strategies and tactics** and **healthy participation**. Children are given the opportunity to practise or apply the skills they have been developing previously.



Health and Fitness



Skills



Compete/Perform



Knowledge and Understanding



Evaluate

Early Years

In the Early Years we use the Twinkl Move resources which contain six units, one to cover each half term all linked to the Development Matters statements. These units include Games: The Olympics and Best of Balls. Gymnastics: gym in the jungle and jumping jacks and rock and roll. Dance: dinosaurs and dance till you drop. The Early Years outcomes are covered several times throughout the units to enable teachers to assess these elements.

Developing extra-curricular PE opportunities.

We encourage our pupils to take part in a range of sports and fitness activities outside of school in and in their free time such as break times and lunch times. We participate in events with some of our partnering schools and Trust to give children chance to participate in competitive sports.

Impact

Children leave each year with the knowledge and skills required to enable them to access and apply to subsequent learning. Children will have experienced a range of sports and will be able to demonstrate different skills and apply them to a range of sports. Children will be able to make links to previous learning and understand the relevance of these connections. Children will understand the key concepts of each topic.

Retrieval practice and metacognition

In order for children to 'know more and do more' and retain the key performance indicators of each topic. Children have a range of retrieval activities and opportunities to revisit and recap previous learning. Children learn in different ways to support retention of information, this can be through practical activities, focused practical tasks, application of a previous skill and summative assessment opportunities.